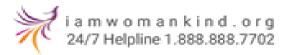


# Moving Ahead Positively (MAP)

Shan Huang, Associate Director Su Young Jung, Associate Director



# Agenda

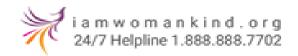
Welcome

Womankind Introduction

Model of Practice: MAP Overview

**MAP Core Elements** 

Q&A/Closing

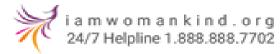


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# Womankind's Mission



Womankind works with survivors of gender-based violence to rise above trauma and build a path to healing. We bring critical resources and deep cultural competency to help Asian communities find refuge, recovery and renewal.



# **Philosophy + Foundation**

GBV is a Human Rights issue and Social Justice is the approach to tackle the issue.

5

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2 We work with community not for or against. Collaboration is key component for progress.

**3** GBV is rooted in a belief that inequality among gender roles is norm. We must challenge this norm along with supporting survivors. Recognizing Oppression – working toward anti-oppressive lens

Trauma-informed approach is crucial and necessary part of any work around trauma. We incorporate safety, trust, choice, collaboration, empowerment, and cultural humility in every part of our work.

Immigrant communities have a right to equal and meaningful access to all aspects of society. We work unwittingly to amplify the voice of API communities within the larger sphere and will fight to ensure equal and meaningful access.

## Language and Intention



She/Her(s), He/Him/They /Them

Perpetrator, Harmdoer/Person who abused/ Person who Harmed /Thriver SURVIVOR Person who harms/ed

> Utilizing pronouns to increase inclusivity in spaces

i a m w o m a n k i n d . o r g 24/7 Helpline 1.888.888.7702

#### **About Us - Womankind**

Dor		nestic Violence	Sexu	al Violence	•	Human Traffic	eking
Working across the lifespan							
	Residential				<b>Community Programs</b>		

#### **Programs and Services:**

24 hour Helpline Community Outreach and Education Later in Life (Abuse later in life program) Legal Services One Again (Sexual Violence program) Pathways to Empowerment Project Free (Anti- Human trafficking program) STAR (Abuse early in life program)





Model of Practice Moving Ahead Positively (MAP)

# To help survivors <u>transcend</u> beyond trauma, on an individualized path to healing.

Through the power of relationships, we hope they achieve internal harmony and develop a renewed sense of belonging.



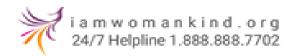
# **Transcending Trauma = Journey**

Full of progress and setbacks

Path(s) determined by the survivor

A partner and ally within the journey



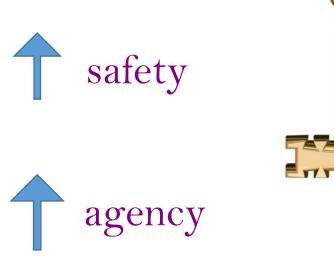


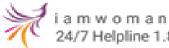


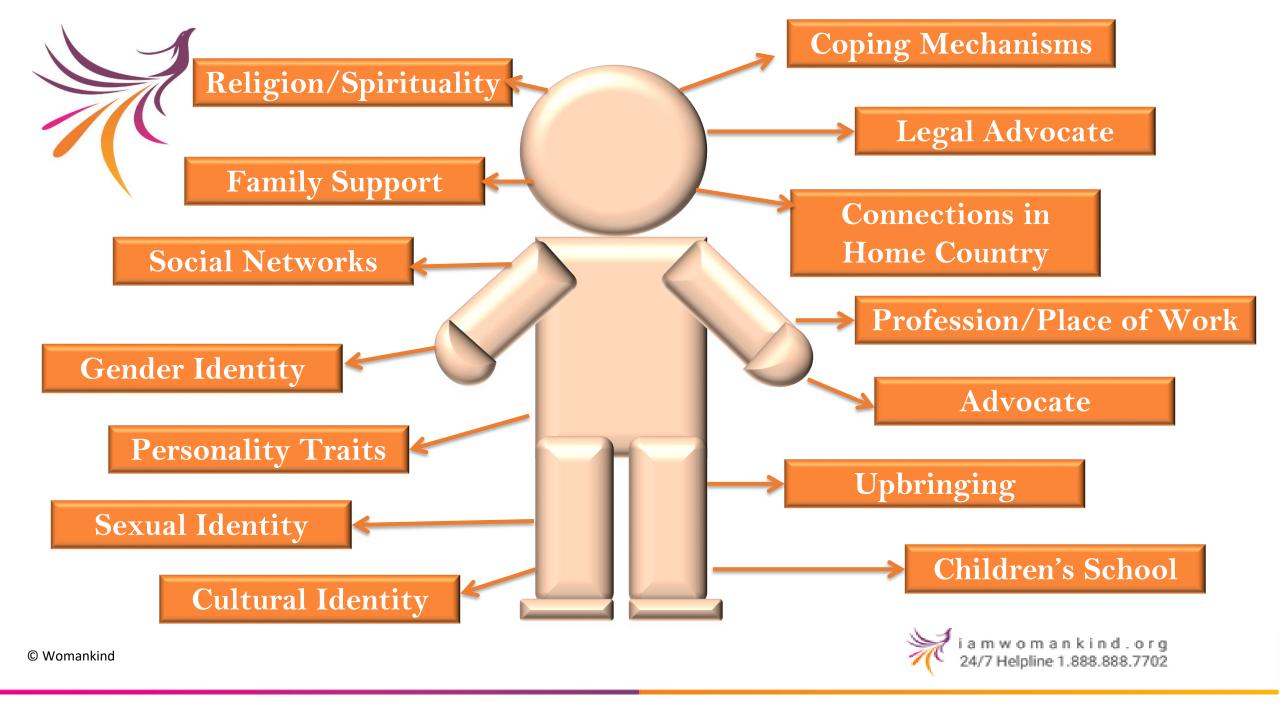
# **Relationship Development**

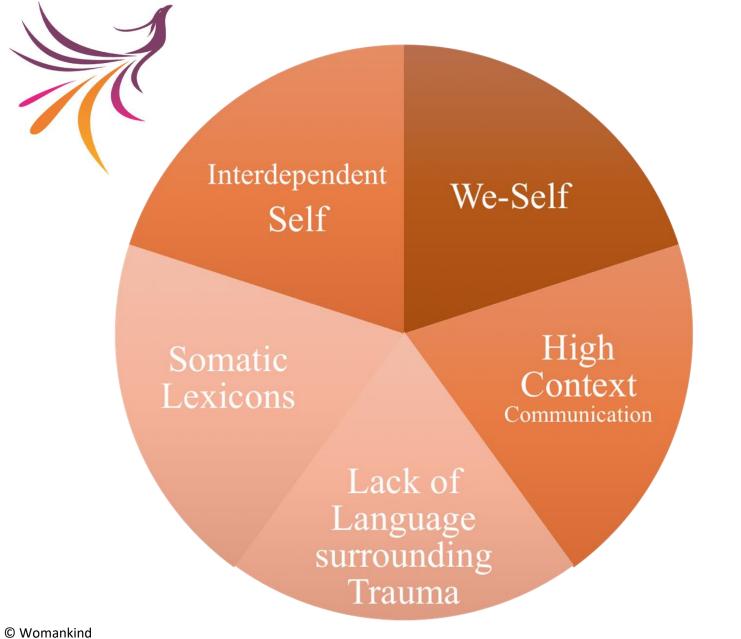
An authentic caring, empathetic, and trust supportive dynamic establishment Spaces that is physically and emotionally safety comfortable

Shifting power dynamics to support the increasing of parity



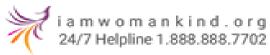






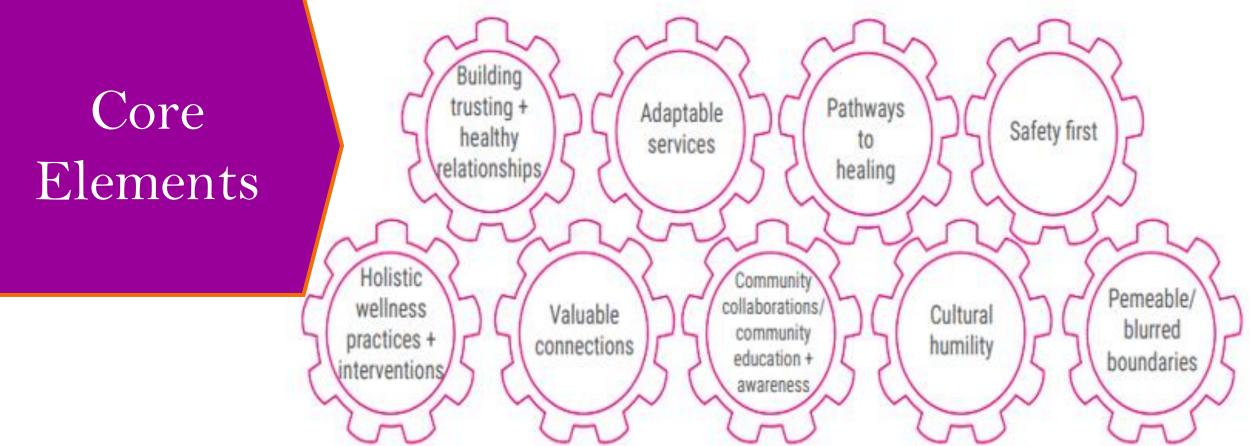
Cultural **Applications:** 

Collectivistic **Communities** 





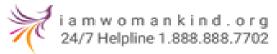
This model of practice is most effective when any combination of 2 or more of these elements are working together





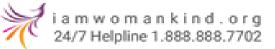
**Case Study** 

# Meet Zara .....



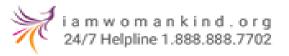


#### **SAFETY FIRST**



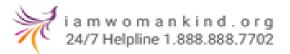


# BUILDING TRUST AND HEALTHY RELATIONSHIPS



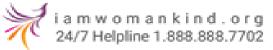


# PERMEABLE BOUNDARIES





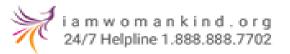
# CULTURAL HUMILITY

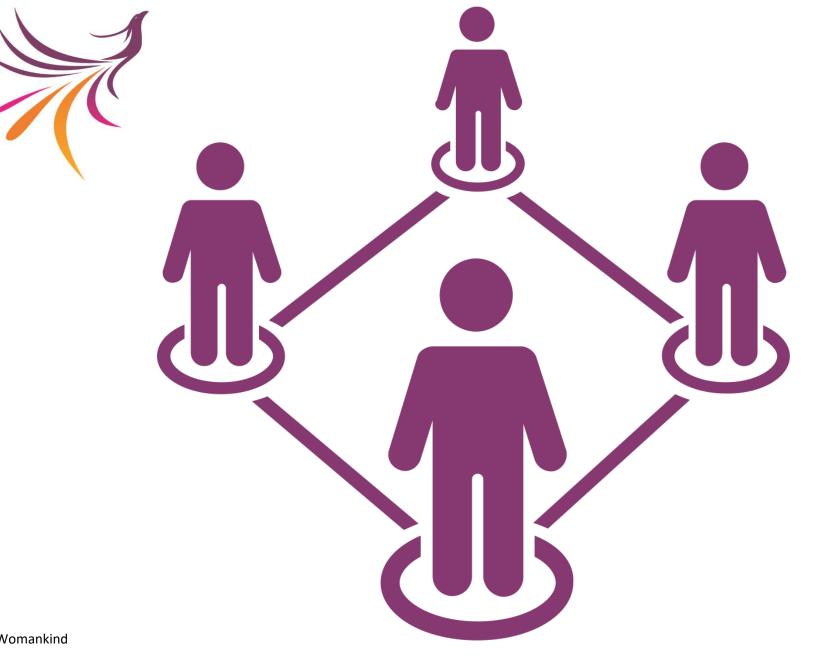




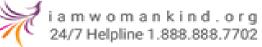


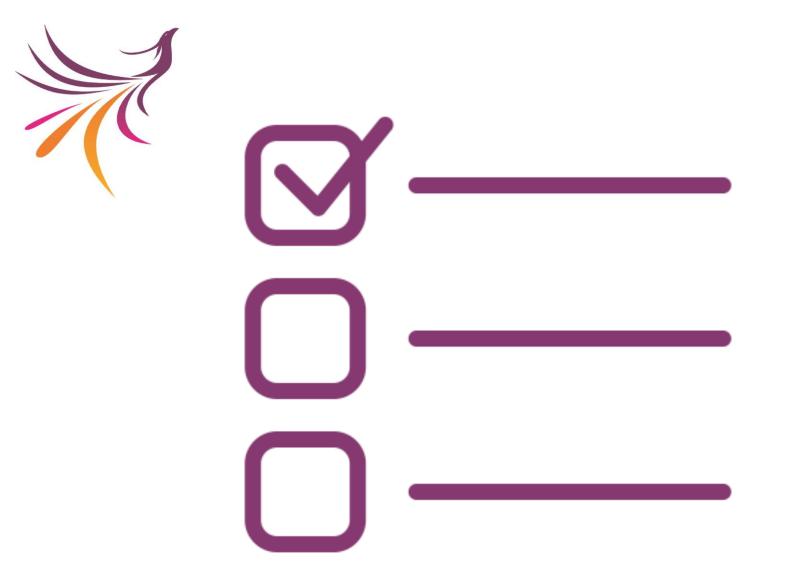
# PATHWAYS IN HEALING



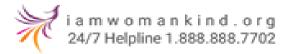


# VALUABLE **CONNECTIONS**





# ADAPTABLE SERVICES





# HOLISTIC WELLNESS PRACTICES AND INTERVENTIONS

